

Magic with Moodle

Using the Moodle Forums

Matthew Hope

iWHO, eLearning Support Officer

Background

MSc Workplace Health & Wellbeing (I-WHO) (UK)

- Elearning distance course part-time (2 years)
- Students are occupational health professionals
- 2 separate course areas on Moodle (Year1 & Year2)
- Duplicating resources
- Posting course announcements x2
- Fewer opportunities for networking!!

Welcome to the
**Workplace
Health &
Wellbeing**
Course Area



Background

Forums used for

- **Communication**
 - keeping students informed vs. email overload
- **Foster an online community:**
 - sharing professional experience
 - peer support & mentoring

moodle.nottingham.ac.uk/course/view.php?id=7593

Background: eLearning course, part-time, shared course area (2 Moodle groups)

University Resources

- o UNLOC
- o EU-OSHA
- o Health & Safety Executive
- o Working for Health
- o Business in the Community: Health & Wellbeing Campaign

eBook


Occupational Health Psychology

Navigation

- My home
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 - o BR-DPA-FOI-UK-1213
 - o H81HMT-UK-SPR-1112
 - o MC-IWHOPGTHBOOK-UK-1213
 - o MC-PE-UK-1213
 - o MC-USER-TEST-UK-1213
 - o C81ATP-UK-SPR-1112

MSc Workplace Health & Wellbeing (I-WHO) (UK)

Welcome to the Workplace Health & Wellbeing Course Area



Course Objectives...

The MSc in Workplace Health and Wellbeing provides an opportunity for you to explore the scientific evidence concerning complex relations between working conditions, psychological processes, and health and wellbeing.

The course has its focus on understanding how work can contribute to the impairment of workers' health and wellbeing and considers how this knowledge can be used to prevent ill-health and promote health and productivity.

- o Useful Information & Video Guides
- o Course Announcements
- o WHW General Forum - Use this forum to share information with your peers
- o Help! (Technical Support)

Jonathan Houdmont
Tutorial Recording (22/05/2013) more...
21 May, 16:41

Jonathan Houdmont
Holiday dates more...
21 May, 16:39

Jonathan Houdmont
Tutorial PPT (22/05/2013) more...
20 May, 13:03

Jonathan Houdmont
Holiday dates and deadlines more...
Older topics ...

Online users (last 5 minutes)
Matthew Hope

LinkedIn Join our group

External News











What we did

- Signpost forums clearly, descriptions
- Tell students what they are for
- Forced subscription vs. Auto subscription
- Digest emails vs. individual emails
- Forum tracking (number of unread posts displayed)
- Sent different announcements to different groups

All partic **News Forum with groups (Admin view)**

Add a new topic

Page: 1 2 (Next)

Discussion	Started by	Group	Replies	Unread ✓	Last post
Managing Cultural Diversity & H&S	 Amanda Griffiths		0	0	Amanda Griffiths Thu, 30 May 2013, 05:43 PM
Tutorial Recording (22/05/2013)	 Jonathan Houdmont		0	0	Jonathan Houdmont Wed, 22 May 2013, 07:48 PM
Holiday dates	 Jonathan Houdmont		0	0	Jonathan Houdmont Tue, 21 May 2013, 04:41 PM
Tutorial PPT (22/05/2013)	 Jonathan Houdmont		0	0	Jonathan Houdmont Tue, 21 May 2013, 04:39 PM
Holiday dates and deadlines	 Jonathan Houdmont		0	0	Jonathan Houdmont Mon, 20 May 2013, 01:03 PM
Promote your professional profile on LinkedIn	 Matthew Hope		0	0	Matthew Hope Fri, 17 May 2013, 04:23 PM

[Link to course area](#)

News, specific to each group, is displayed in the latest News Block

my home ▶ my modules ▶ EV-MSC-WHWW-UK

Useful Links

- o Email
- o eLibrary Gateway
- o UNLOC
- o EU-OSHA
- o Health & Safety Executive
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Faculty of Medicine and Health Sciences

The Institute of Work, Health and Organisations

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- Course Announcements**
- WHW General Forum - Use this forum to share information with your peers
- Help! (Technical Support)

Latest news

Turn editing on

Add a new topic...

22 May, 19:48
Jonathan Houdmont
Tutorial Recording (22/05/2013) more...

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[Link to course area](#)

How it worked with students

- Really important to tell them clearly what the forums are for (add a description)
 - E.g., they can't reply to News / Announcements forum
- Students said they wanted important emails immediately so Matthew advised them how to change their profile settings to Individual emails
- Students appreciated forum tracking – so new posts are highlighted as soon as they go into the module (again need to set in module AND they need to set in profile)

Fostering online community

- Introductions and icebreakers
- Lecturer scaffolding
- Bringing in humour / encouraging discussion
- Encouraged to build your Moodle profile



The 'Play Office': The Answer To Our Prayers?
by [Jonathan Houdmont](#) - Wednesday, 10 April 2013, 02:02 PM



The BBC News website is today reporting on a new occupational health intervention: The Play Office. Replete with swings and a helter skelter, is this the way to stimulate health and wellbeing? Discuss!!!



<http://www.bbc.co.uk/news/uk-england-hampshire-22089159>

Jonathan

[Edit](#) | [Delete](#) | [Reply](#)



Re: The 'Play Office': The Answer To Our Prayers?
by - Wednesday, 10 April 2013, 04:11 PM



Hi, just watched that video 'The Play Office'.....I loved it, thought it was a great idea to boost energy and offer a get-away from your desk. Also I thought what a great way of promoting not only wellbeing in workers but a sense of being valued and trusted to balance work with 'play breaks' a huge investment from the company!!

Further information

How to achieve this

- Moodle Help – Forums
<https://workspace.nottingham.ac.uk/display/Moodlehelp/Forums>
- Moodle Bytes webinar recording: Moodle forums on the MSc Health and Wellbeing
<https://uni-of-nottingham.adobeconnect.com/p4c0c1kfeb2/>
- Elearning community video (forthcoming)
- Matthew will answer any questions
Matthew.Hope@Nottingham.ac.uk

Learning Team Support

learning-team-support@nottingham.ac.uk

Blog: bit.ly/ltnottingham

Moodle Help: bit.ly/uonmoodlehelp

(or search Workspace for “Moodle help”)